## CLAIMS

## What we claim is:

1. A chemically synthesized double stranded short interfering nucleic acid (siNA) molecule that directs cleavage of a XIAP RNA via RNA interference (RNAi), wherein:

- a) each strand of said siNA molecule is about 18 to about 23 nucleotides in length; and
- b) one strand of said siNA molecule comprises nucleotide sequence having sufficient complementarity to said XIAP RNA for the siNA molecule to direct cleavage of the XIAP RNA via RNA interference.
- 2. The siNA molecule of claim 1, wherein said siNA molecule comprises no ribonucleotides.
- 3. The siNA molecule of claim 1, wherein said siNA molecule comprises one or more ribonucleotides.
- 4. The siNA molecule of claim 1, wherein one strand of said double-stranded siNA molecule comprises a nucleotide sequence that is complementary to a nucleotide sequence of a XIAP gene or a portion thereof, and wherein a second strand of said double-stranded siNA molecule comprises a nucleotide sequence substantially similar to the nucleotide sequence or a portion thereof of said XIAP RNA.
- 5. The siNA molecule of claim 4, wherein each strand of the siNA molecule comprises about 18 to about 23 nucleotides, and wherein each strand comprises at least about 19 nucleotides that are complementary to the nucleotides of the other strand.
- 6. The siNA molecule of claim 1, wherein said siNA molecule comprises an antisense region comprising a nucleotide sequence that is complementary to a nucleotide sequence of a XIAP gene or a portion thereof, and wherein said siNA further comprises a sense region, wherein said sense region comprises a nucleotide sequence substantially similar to the nucleotide sequence of said XIAP gene or a portion thereof.
- 7. The siNA molecule of claim 6, wherein said antisense region and said sense region comprise about 18 to about 23 nucleotides, and wherein said antisense region

comprises at least about 18 nucleotides that are complementary to nucleotides of the sense region.

- 8. The siNA molecule of claim 1, wherein said siNA molecule comprises a sense region and an antisense region, and wherein said antisense region comprises a nucleotide sequence that is complementary to a nucleotide sequence of RNA encoded by a XIAP gene, or a portion thereof, and said sense region comprises a nucleotide sequence that is complementary to said antisense region.
- 9. The siNA molecule of claim 6, wherein said siNA molecule is assembled from two separate oligonucleotide fragments wherein one fragment comprises the sense region and a second fragment comprises the antisense region of said siNA molecule.
- 10. The siNA molecule of claim 6, wherein said sense region is connected to the antisense region via a linker molecule.
- 11. The siNA molecule of claim 10, wherein said linker molecule is a polynucleotide linker.
- 12. The siNA molecule of claim 10, wherein said linker molecule is a non-nucleotide linker.
- 13. The siNA molecule of claim 6, wherein pyrimidine nucleotides in the sense region are 2'-O-methyl pyrimidine nucleotides.
- 14. The siNA molecule of claim 6, wherein purine nucleotides in the sense region are 2'-deoxy purine nucleotides.
- 15. The siNA molecule of claim 6, wherein pyrimidine nucleotides present in the sense region are 2'-deoxy-2'-fluoro pyrimidine nucleotides.
- 16. The siNA molecule of claim 9, wherein the fragment comprising said sense region includes a terminal cap moiety at a 5'-end, a 3'-end, or both of the 5' and 3' ends of the fragment comprising said sense region.
- 17. The siNA molecule of claim 16, wherein said terminal cap moiety is an inverted deoxy abasic moiety.
- 18. The siNA molecule of claim 6, wherein pyrimidine nucleotides of said antisense region are 2'-deoxy-2'-fluoro pyrimidine nucleotides.

19. The siNA molecule of claim 6, wherein purine nucleotides of said antisense region are 2'-O-methyl purine nucleotides.

- 20. The siNA molecule of claim 6, wherein purine nucleotides present in said antisense region comprise 2'-deoxy- purine nucleotides.
- 21. The siNA molecule of claim 18, wherein said antisense region comprises a phosphorothioate internucleotide linkage at the 3' end of said antisense region.
- 22. The siNA molecule of claim 6, wherein said antisense region comprises a glyceryl modification at a 3' end of said antisense region.
- 23. The siNA molecule of claim 9, wherein each of the two fragments of said siNA molecule comprise about 21 nucleotides.
- 24. The siNA molecule of claim 23, wherein about 19 nucleotides of each fragment of the siNA molecule are base-paired to the complementary nucleotides of the other fragment of the siNA molecule and wherein at least two 3' terminal nucleotides of each fragment of the siNA molecule are not base-paired to the nucleotides of the other fragment of the siNA molecule.
- 25. The siNA molecule of claim 24, wherein each of the two 3' terminal nucleotides of each fragment of the siNA molecule are 2'-deoxy-pyrimidines.
- 26. The siNA molecule of claim 25, wherein said 2'-deoxy-pyrimidine is 2'-deoxy-thymidine.
- 27. The siNA molecule of claim 23, wherein all of the about 21 nucleotides of each fragment of the siNA molecule are base-paired to the complementary nucleotides of the other fragment of the siNA molecule.
- 28. The siNA molecule of claim 23, wherein about 19 nucleotides of the antisense region are base-paired to the nucleotide sequence of the RNA encoded by a XIAP gene or a portion thereof.
- 29. The siNA molecule of claim 23, wherein about 21 nucleotides of the antisense region are base-paired to the nucleotide sequence of the RNA encoded by a XIAP gene or a portion thereof.
- 30. The siNA molecule of claim 9, wherein a 5'-end of the fragment comprising said antisense region optionally includes a phosphate group.

31. A composition comprising the siNA molecule of claim 1 in an pharmaceutically acceptable carrier or diluent.

- 32. A siNA according to claim 1 wherein the XIAP RNA comprises Genbank Accession No. NM\_001167.
- 33. A siNA according to claim 1 wherein said siNA comprises any of SEQ ID NOs. 1-1056.
- 34. A composition comprising the siNA of claim 32 together with a pharmaceutically acceptable carrier or diluent.
- 35. A composition comprising the siNA of claim 33 together with a pharmaceutically acceptable carrier or diluent.